Duluth Campus

Coaching Minor

D Applied Human Sciences

College of Education and Human Service Professions

- Program Type: Undergraduate free-standing minor
- Requirements for this program are current for Spring 2023
- Required credits in this minor: 17

The coaching minor program prepares graduates to coach in a variety of sites, including schools, public agencies, and youth organizations. The curriculum prepares students to assess, plan, administer, and instruct student athletes. The coaching minor meets or exceeds the SHAPE America Society of Health and Physical Educators, (SHAPE) National Standards for Sport Coaches, with an emphasis in coaching and administrative theory, psychology, medical and nutritional concerns, risk management, and skill development. Requirements and admission applications can be obtained from the Department of Applied Human Sciences (AHS). Post-baccalaureate students seeking a coaching minor should have their transcript evaluated by the department of AHS.

Program Delivery

This program is available:

- via classroom (the majority of instruction is face-to-face)

Minor Requirements

Coaching Minor Courses (15 cr)

CC 3117 - Functional Anatomy and Sport Injury Management (3.0 cr)
CC 3150 - Coaching Methods (3.0 cr)
CC 3160 - Psychological Aspects of Coaching and Athletic Performance (3.0 cr)
CC 3161 - Administrative Aspects of Coaching (3.0 cr)
PETE 2400 - Applied Exercise Science (3.0 cr)

Practicum (2 cr)

CC 3997 - Coaching Practicum (2.0 cr)

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