



### ***Twin Cities Campus***

## **Community Health Promotion M.P.H.**

*School of Public Health - Adm*

### **School of Public Health**

Link to a [list of faculty](#) for this program.

#### **Contact Information:**

School of Public Health, MMC 819, A395 Mayo Memorial Building, 420 Delaware Street, Minneapolis, MN 55455 (612-626-3500 OR 1-800-774-8636, Fax: 612-624-4498)

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Website: <http://www.sph.umn.edu>

- Program Type: Master's
- Requirements for this program are current for Fall 2018
- Length of program in credits: 48
- This program requires summer semesters for timely completion.
- Degree: Master of Public Health

Along with the program-specific requirements listed below, please read the [General Information](#) section of the catalog website for requirements that apply to all major fields.

Through coursework and fieldwork taken at the School of Public Health, students in community health promotion develop basic competencies in theory, health behavior and policy interventions, assessment methods, cultural competency, and management.

Each graduate should have the ability to:

- Use theories of behavior and social change to inform the planning and evaluation of health interventions
- Identify individual, community, and policy-level interventions that are effective in promoting healthy behaviors and social conditions
- Design and implement effective individual, community, and policy-level interventions targeting a variety of health behaviors
- Assess the health status of populations and communities
- Utilize appropriate data collection strategies and qualitative and quantitative methods to evaluate health interventions
- Identify the role of cultural, social, and behavioral factors in influencing health behaviors and status
- Develop and adapt approaches to solving health problems, taking into account cultural differences
- Communicate health information effectively both in writing and orally
- Advocate for public health programs and resources
- Collaborate with public health agencies and other constituency groups
- Coordinate and manage health programs/services
- Relate ethical considerations and values to one's professional practice

The M.P.H. in community health promotion is a good path for students planning for careers as public health practitioners or planning to pursue a PhD in social and behavioral epidemiology, which is available in the School of Public Health.

### **Accreditation**

This program is accredited by Council on Education for Public Health (CEPH).

### **Program Delivery**

This program is available:

- via classroom (the majority of instruction is face-to-face)

### **Prerequisites for Admission**

The preferred undergraduate GPA for admittance to the program is 3.00.

Other requirements to be completed before admission:

Applicants must have one year of community, social service or public health experience. An introductory course in statistics and three to four social and behavioral science courses are also required. The average undergraduate GPA for admitted applicants is a 3.5.

#### **Special Application Requirements:**

Applicants are admitted from a wide variety of academic backgrounds, including social and behavioral sciences (e.g., psychology, sociology, anthropology), the humanities, basic sciences (e.g., biology, nursing), and mathematics. There is no single appropriate undergraduate major; however, applicants should meet prerequisites by the time of admission.



Who should apply? Individuals who want skills to:

- influence policy and public opinion on health issues;
- develop and evaluate innovative community-based programs to prevent disease and injury;
- work with communities, health departments, and non-profit organizations and policymakers to create healthy living and working environments;
- work on issues related to specific population, including youth and disadvantaged populations.

And individuals who:

- have a variety of backgrounds, including those trained in basic sciences, social and behavioral sciences, and the humanities;
- want an M.P.H. degree;
- plan to pursue a Ph.D. degree in social and behavioral epidemiology at the University of Minnesota;
- have met the prerequisites listed below before admission.

#### Prerequisites for Admission

- Baccalaureate degree or higher from an accredited college or university
- College-level courses in the following areas:
  - Social and behavioral sciences (at least 3 courses)
  - Introductory statistics (1 course)
  - One year of paid or volunteer experience in a public health, social service, or community setting

#### Preferences for Admission

- Strong personal statement indicating why applicant is interested in pursuing a community health promotion degree
- Compatibility of interests with program faculty
- GPA of 3.0
- Combined GRE score of 300 and analytical writing score of 3.5
- TOEFL score of 600/250/100 for international applicants
- Strong reference letters

Applicants must submit their test score(s) from the following:

- GRE
  - General Test - Verbal Reasoning: 150
  - General Test - Quantitative Reasoning: 150
  - General Test - Analytical Writing: 3.5

International applicants must submit score(s) from one of the following tests:

- TOEFL
  - Internet Based - Total Score: 100
  - Paper Based - Total Score: 600
- IELTS
  - Total Score: 7

Key to [test abbreviations](#) (GRE, TOEFL, IELTS).

For an online application or for more information about graduate education admissions, see the [General Information](#) section of the catalog website.

## Program Requirements

**Plan C:** Plan C requires 34 to 48 major credits and 0 to 14 credits outside the major. There is no final exam. A capstone project is required.

**Capstone Project:** Integrative Learning Experience (ILE)

This program may be completed with a minor.

Use of 4xxx courses towards program requirements is not permitted.

A minimum GPA of 3.00 is required for students to remain in good standing.

#### Theory

[PUBH 6050](#) - Community Health Promotion I: Integrating Theory, Evidence, and Context (3.0 cr)

[PUBH 6051](#) - Community Health Promotion II: Developing, Implementing, and Justifying Interventions (3.0 cr)

#### Health Behavior and Policy Interventions

Take 8 or more credit(s) from the following:

[PUBH 6000 TOPICS](#): Urban Health and Social Policy

Take 1 or more course(s) from the following:



- [PUBH 6081](#) - Sex, Sexuality, and Sexual Health (2.0 cr)
- [PUBH 6011](#) - Public Health Approaches to HIV/AIDS (3.0 cr)
- [PUBH 6055](#) - Social Inequalities in Health (2.0 cr)
- [PUBH 6094](#) - Interventions to Address Weight-Related Health and Eating Disorders (2.0 cr)
- [PUBH 6000](#) - Topics: Community Health Promotion (0.5 - 4.0 cr)
- Intervention Approaches**  
Take 2 or more course(s) from the following:
  - [PUBH 6025](#) ~~(Inactive)~~ (2.0 cr)
  - [PUBH 6045](#) - Skills for Policy Development (1.0 cr)
  - [PUBH 6049](#) - Legislative Advocacy Skills for Public Health (3.0 cr)
  - [PUBH 6066](#) - Building Communities, Increasing Health: Preparing for Community Health Work (2.0 cr)
  - [PUBH 6074](#) - Mass Communication and Public Health (3.0 cr)
  - [PUBH 6078](#) - Public Health Policy as a Prevention Strategy (2.0 cr)
  - [SW 8551](#) - Advanced Community Practice: Assessment, Organizing, and Advocacy (3.0 cr)

#### Assessment Methods

Students are required to take 5-6 credits

[PUBH 6035](#) - Evaluation II: Planning & Evaluation (3.0 cr)

#### choice of the following 2 courses

[PUBH 6034](#) - Evaluation I: Concepts (3.0 cr)

or [PUBH 6852](#) - Program Evaluation in Health and Mental Health Settings (2.0 cr)

#### Additional Assessment Methods

Students must select one course from the following list:

[PUBH 6636](#) - Qualitative Research Methods in Public Health Practice (2.0 cr)

or [PUBH 6414](#) - Biostatistical Literacy (3.0 cr)

or [PUBH 6451](#) - Biostatistics II (4.0 cr)

or [PUBH 6617](#) ~~(Inactive)~~ (3.0 cr)

#### SPH Core Courses

[PUBH 6250](#) - Foundations of Public Health (2.0 cr)

#### Biostatistics

[PUBH 6450](#) - Biostatistics I (4.0 cr)

#### Environmental Health

[PUBH 6101](#) ~~(Inactive)~~ (2.0 cr)

or [PUBH 6102](#) - Issues in Environmental Health (2.0 cr)

#### Epidemiology

[PUBH 6320](#) - Fundamentals of Epidemiology (3.0 cr)

or [PUBH 6341](#) - Epidemiologic Methods I (3.0 cr)

#### Ethics

[PUBH 6741](#) - Ethics in Public Health: Professional Practice and Policy (1.0 cr)

#### Management

[PUBH 6751](#) - Principles of Management in Health Services Organizations (2.0 cr)

#### Applied Practice Experience (APEX) and Integrative Learning Experience (ILE)

[PUBH 7096](#) - Applied Practice Experience: Community Health Promotion (1.0 - 5.0 cr)

[PUBH 7094](#) - Integrative Learning Experience: Community Health Promotion (1.0 - 6.0 cr)

#### Electives

Electives to total 48 credits.

**Joint- or Dual-degree Coursework:** Master of Social Work (MSW), Juris Doctorate (JD)

## Program Sub-plans

A sub-plan is not required for this program.

Students may complete the program with more than one sub-plan.

#### Public Health Policy Interdisciplinary Concentration Area

The School of Public Health's Public Health Policy Interdisciplinary Concentration (PHPIC) focuses on promoting the health of populations and groups through public and organizational policy. PHPIC is open to students pursuing an M.P.H., includes coursework that explores the way in which federal, state, local, and institutional entities affect the financing, structure, and delivery of public health and medical care.

PHPIC coursework provides a better understanding of the health care system as a whole and prevention policy. The challenging curriculum helps M.P.H. majors hone practical skills that are highly sought after in the public health and policy arenas. Students who



pursue the concentration can choose courses that emphasize:

- Understanding community dynamics
- Developing advocacy skills for public health
- Analyzing legal and policy structures
- Evaluating and implementing policies and programs
- Influencing community health
- Motivating and educating stakeholders and decision-makers
- Using policy as prevention strategy
- Eliminating health disparities through policy

SPH graduate students must complete a formal program plan if they want the PHPIC to appear on their transcripts. For more information, contact Carol Francis, interdisciplinary concentrations coordinator, at [franc004@umn.edu](mailto:franc004@umn.edu) or 612-624-6952.