



Twin Cities Campus

Recreation Administration B.S.

Kinesiology, School of

College of Education and Human Development

- Program Type: Baccalaureate
- Requirements for this program are current for Fall 2018
- Required credits to graduate with this degree: 120
- Required credits within the major: 62
- Degree: Bachelor of Science

The undergraduate program in recreation administration prepares students to assume leadership, supervisory, or beginning administrative responsibilities, and design and deliver recreation programs to diverse populations in a variety of settings. In addition to the general education requirements, core professional courses give students a firm foundation in the recreation field. Students further define their career interests by selecting focus electives that allow them to combine recreation with other disciplines such as health and wellness, social work, youth studies, sports management, outdoor education and tourism.

The program features a 9-credit internship experience, which allows students to integrate theory and practical applications in the field. Students select an organization that will provide an experiential learning opportunity in their specific area of interest.

Graduates may find employment in such locations as nonprofits (YMCA, Campfire, Boy Scouts of America, etc.), parks at the municipal, state, or national level, commercial recreation, outdoor education and natural resources, outdoor recreation and tourism, as well as corporate wellness, campus and military recreation and event management

Program Delivery

This program is available:

- via classroom (the majority of instruction is face-to-face)

Admission Requirements

Students must complete 30 credits before admission to the program.

Students must complete at least 30 credits of the University's requirements and have earned a minimum overall GPA of 2.00, with preference given to applicants with a higher average.

For information about University of Minnesota admission requirements, visit the [Office of Admissions website](#).

General Requirements

All students are required to complete general University and college requirements including writing and liberal education courses. For more information about University-wide requirements, see the [liberal education requirements](#). Required courses for the major or minor in which a student receives a D grade (with or without plus or minus) do not count toward the major or minor (including transfer courses).

Program Requirements

Requirements include a minimum 2.00 GPA.

Foundation Courses

For additional college requirements, consult with an SPS program advisor.

PE

Take 3 or more credit(s) from the following:

- [PE 1007](#) - Swimming For Beginners (1.0 cr)
- [PE 1012](#) - Running for Beginners (1.0 cr)
- [PE 1014](#) - Conditioning (1.0 cr)
- [PE 1015](#) - Weight Training (1.0 cr)
- [PE 1016](#) - Posture and Individual Exercise (1.0 cr)
- [PE 1029](#) *(Inactive)* (1.0 cr)
- [PE 1031](#) - Sabre Fencing (1.0 cr)
- [PE 1032](#) - Badminton (1.0 cr)
- [PE 1033](#) - Foil Fencing (1.0 cr)
- [PE 1034](#) *(Inactive)* (1.0 cr)
- [PE 1035](#) - Karate (1.0 cr)



- PE 1036 - Racquetball (1.0 cr)
- PE 1037 - Squash (1.0 cr)
- PE 1038 - Tennis (1.0 cr)
- PE 1044 - Self-Defense (1.0 cr)
- PE 1045 - Rock Climbing (1.0 cr)
- PE 1046 - Tae Kwon Do (1.0 cr)
- PE 1048 - Bowling (1.0 cr)
- PE 1053 - Ice Skating (1.0 cr)
- PE 1055 - Golf (1.0 cr)
- PE 1057 - Skiing (1.0 cr)
- PE 1058 - Snowboarding (1.0 cr)
- PE 1065 ~~{Inactive}~~ (1.0 cr)
- PE 1067 - Basketball (1.0 cr)
- PE 1071 - Beginning Cricket (1.0 cr)
- PE 1072 - Soccer (1.0 cr)
- PE 1074 - Beginning Volleyball (1.0 cr)
- PE 1076 - Flag Football (1.0 cr)
- PE 1078 ~~{Inactive}~~ (1.0 cr)
- PE 1079 ~~{Inactive}~~ (1.0 cr)
- PE 1107 ~~{Inactive}~~ (1.0 cr)
- PE 1135 ~~{Inactive}~~ (1.0 cr)
- PE 1137 ~~{Inactive}~~ (1.0 cr)
- PE 1146 ~~{Inactive}~~ (1.0 cr)
- PE 1154 ~~{Inactive}~~ (1.0 cr)
- PE 1174 ~~{Inactive}~~ (1.0 cr)
- PE 1205 - Scuba and Skin Diving (1.0 cr)
- PE 1262 - Marathon Training (3.0 cr)
- PE 1720 - Special Activities in Physical Education (1.0 - 3.0 cr)

Public Speaking

- COMM 1101 - Introduction to Public Speaking [CIV] (3.0 cr)
or COMM 1101H - Honors: Introduction to Public Speaking [CIV] (3.0 cr)
or COMM 1313W - Analysis of Argument [WI] (3.0 cr)
or OLPD 1461 - Presentations in Work Settings: Business & Marketing Education and Human Resource Development [CIV] (3.0 cr)
or FSOS 1461 - Presentations at Work: Families, Communities, Nonprofits, and Schools [CIV] (3.0 cr)

Sociology or Psychology

Students should take one or more of the following courses:

- SOC 1001 - Introduction to Sociology [SOCS, DSJ] (4.0 cr)
or SOC 1011V - Honors: Introduction to Sociology [SOCS, DSJ, WI] (4.0 cr)
or PSY 1001 - Introduction to Psychology [SOCS] (4.0 cr)
or PSY 1001H - Honors Introduction to Psychology [SOCS] (4.0 cr)
or EPSY 1281 - Psychological Science Applied [SOCS] (4.0 cr)

Required Core Courses

Students are required to take 9 credits of REC 3796.

- REC 1501 ~~{Inactive}~~ (3.0 cr)
REC 3281 ~~{Inactive}~~ (4.0 cr)
REC 3541W ~~{Inactive}~~ [WI] (3.0 cr)
REC 3551 ~~{Inactive}~~ (4.0 cr)
REC 3601W ~~{Inactive}~~ [WI] (3.0 cr)
REC 3796 ~~{Inactive}~~ (3.0 - 9.0 cr)
REC 4271 ~~{Inactive}~~ (3.0 cr)
SMGT 3861 - Sport Law (3.0 cr)

Upper Division Writing Intensive within the Major

Students are required to take one upper division writing intensive course within the major. If that requirement has not been satisfied within the core major requirements, students must choose one course from the following list. Some of these courses may also fulfill other major requirements.

Take 0 - 1 course(s) from the following:

- REC 3541W ~~{Inactive}~~ [WI] (3.0 cr)
- REC 3601W ~~{Inactive}~~ [WI] (3.0 cr)

Electives (20 credits)

Students must take 20 elective credits. Students should consult with their department academic advisor on course choices that best fit with their academic and professional goals. The following are some possible electives in each focus area. This list is not exhaustive and students may consult with their faculty advisor for approval on courses not listed.



Electives

Take 20 or more credit(s) from the following:

- REC 1600 *{Inactive}*(1.0 - 4.0 cr)
- REC 2151 *{Inactive}*(3.0 cr)
- YOST 4201 - Facilitating Outdoor Experiences (3.0 cr)
- YOST 4202 - Facilitating Outdoor Experiences - Winter (3.0 cr)
- REC 3993 *{Inactive}*(1.0 - 9.0 cr)
- REC 4161 *{Inactive}*(3.0 cr)
- REC 4191 *{Inactive}*(3.0 cr)
- REC 4301 *{Inactive}*(4.0 cr)
- REC 4311 *{Inactive}*(3.0 cr)
- REC 4900 *{Inactive}*(1.0 - 12.0 cr)
- KIN 3001 - Lifetime Health and Wellness [SOCS] (3.0 cr)
- KIN 4214 - Health Promotion (3.0 cr)
- SMGT 1701 - Introduction to Sport Management (2.0 cr)
- SMGT 3111 - Sports Facility and Event Management (3.0 cr)
- SMGT 3143 - Organization and Management of Sport (3.0 cr)
- SMGT 3421 - Business of Sport (3.0 cr)
- SMGT 3601 - Ethics and Values in Sport (2.0 cr)
- SMGT 3631 - Sport Marketing (3.0 cr)
- SMGT 3632 - Sport Sales and Fundraising (3.0 cr)
- ACCT 2051 - Introduction to Financial Reporting (4.0 cr)
- CPSY 2301 - Introduction to Developmental Psychology [SOCS] (4.0 cr)
- CPSY 4303 - Adolescent Psychology (3.0 cr)
- CPSY 4311 - Behavioral and Emotional Problems of Children (3.0 cr)
- CPSY 4313W - Disabilities and Development [WI] (4.0 cr)
- CPSY 4334W *{Inactive}*[WI] (3.0 cr)
- CSPH 3101 - Creating Ecosystems of Wellbeing (2.0 cr)
- CSPH 5111 - Ways of Thinking about Health (2.0 cr)
- CSPH 5115 - Cultural Awareness, Knowledge and Health (3.0 cr)
- CSPH 5118 - Whole Person, Whole Community: The Reciprocity of Wellbeing (3.0 cr)
- CSPH 5121 - Planetary Health & Global Climate Change: A Whole Systems Healing Approach (2.0 cr)
- CSPH 5523 *{Inactive}*(2.0 cr)
- CSPH 5642 - Nature Heals: An Introduction to Nature-Based Therapeutics (3.0 cr)
- CSPH 5643 - Horse as Teacher: Introduction to Equine-Assisted Services (EAS) (3.0 cr)
- ESPM 3202W - Environmental Conflict Management, Leadership, and Planning [WI] (3.0 cr)
- ESPM 3245 - Sustainable Land Use Planning and Policy [ENV] (3.0 cr)
- FNRM 3101 - Park and Protected Area Tourism (3.0 cr)
- FSOS 1201 - Human Development in Families: Lifespan [SOCS, DSJ] (4.0 cr)
- FSOS 3102 - Family Systems and Diversity [SOCS, DSJ] (3.0 cr)
- FSOS 3104 *{Inactive}*[SOCS, GP] (3.0 cr)
- FSOS 4101 - Sexuality and Gender in Families and Close Relationships (3.0 cr)
- FSOS 4104 - Family Psychology (3.0 cr)
- FSOS 4154 *{Inactive}*(3.0 cr)
- LEAD 1961W - Personal Leadership in the University [CIV, WI] (3.0 cr)
- LEAD 3961 - Leadership, You, and Your Community (3.0 cr)
- MGMT 3001 - Fundamentals of Management (3.0 cr)
- MGMT 3015 - Introduction to Entrepreneurship (4.0 cr)
- OLPD 3601 - Introduction to Human Resource Development (3.0 cr)
- OLPD 3621 - Introduction to Training and Development (3.0 cr)
- OLPD 3641 - Introduction to Organization Development (3.0 cr)
- YOST 1001 - Seeing Youth, Thinking Youth: Media, Popular Media, and Scholarship [CIV] (3.0 cr)
- YOST 2101 - Urban Youth and Youth Issues [DSJ] (4.0 cr)
- YOST 2241 - Experiential Learning (4.0 cr)
- YOST 3032 - Adolescent and Youth Development for Youthworkers (4.0 cr)
- YOST 3101 - Youthwork: Orientations and Approaches (4.0 cr)
- YOST 3234 *{Inactive}*(3.0 cr)