



Twin Cities Campus

Addictions Counseling M.P.S.

CCAPS Addiction Studies

College of Continuing and Professional Studies

Link to a [list of faculty](#) for this program.

Contact Information:

College of Continuing and Professional Studies Information Center

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St Paul, MN 55108

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Email: ccapsinfo@umn.edu

Website: <https://ccaps.umn.edu/addictions-counseling-masters-degree>

- Program Type: Master's
- Requirements for this program are current for Spring 2018
- Length of program in credits: 30
- This program does not require summer semesters for timely completion.
- Degree: Master of Professional Studies

Along with the program-specific requirements listed below, please read the [General Information](#) section of the catalog website for requirements that apply to all major fields.

Students in the MPS in addictions counseling experience a rigorous, evidence-informed applied clinical preparation program that fulfills Minnesota's Licensed Alcohol and Drug (MNLADC) educational requirements, with the added benefit of receiving a master's degree. The 30-credit curriculum includes specific licensure preparation content in the following areas: evidence based practices and evaluation, individual and group counseling skills, professional ethics, diversity and cultural sensitivity, co-occurring assessment and treatment interventions, and an applied field placement experience. The MPS meets the education and training needs of individuals new to the helping profession as well as individuals with an allied license (MSW, LP, LPC, LMFT) seeking to add the LADC.

Program Delivery

This program is available:

- via classroom (the majority of instruction is face-to-face)

Prerequisites for Admission

The preferred undergraduate GPA for admittance to the program is 3.00.

Other requirements to be completed before admission:

Bachelor's degree from an accredited institution - Transcripts - Personal statement - Two letters of reference - Updated resume or CV

Special Application Requirements:

International students interested in the M.P.S. in Addictions Counseling should contact the International Student and Scholar Service (www.iss.umn.edu) for information on visa status and academic requirements.

International applicants must submit score(s) from one of the following tests:

- TOEFL
 - Internet Based - Total Score: 84
 - Internet Based - Writing Score: 21
 - Internet Based - Reading Score: 19
 - Paper Based - Total Score: 563
- IELTS
 - Total Score: 6.5
 - Reading Score: 6.5
 - Writing Score: 6.5
- MELAB
 - Final score: 84

Key to [test abbreviations](#)(TOEFL, IELTS, MELAB).

For an online application or for more information about graduate education admissions, see the [General Information](#) section of the



catalog website.

Program Requirements

Plan C: Plan C requires 30 major credits and 0 credits outside the major. There is no final exam. A capstone project is required.

Capstone Project: The ADDS 5996 Internship Seminar serves as a capstone experience where students apply the knowledge and skills learned in their previous courses in a real world clinical setting. Students receive close clinical supervision from both a site and faculty supervisors, participate in formal on-campus clinical supervision meetings, and actively engage in weekly required postings and practice assignments. Upon completion of the internship experience, each student undergoes an extensive formal written and oral evaluation process to ensure ethical and competent clinical practice.

This program may be completed with a minor.

Use of 4xxx courses toward program requirements is permitted under certain conditions with adviser approval.

A minimum GPA of 2.8 is required for students to remain in good standing.

In addition to course work, an 880-hour field placement is required to complete the degree. This field placement will be done as part of the 4 credit class ADDS 5996.

Students may take one or more courses per term and have up to five years to complete a master's degree. Students who wish to transfer graduate-level coursework from other institutions should contact the Graduate Programs office at ccapsinfo@umn.edu for information and assistance.

Only coursework for which the student has earned a grade of B- or better will be counted toward the minimum of 30 semester credits required for the degree.

Foundation Courses (7 credits)

These courses are prerequisites for most other courses in the program. They should be the first courses students complete.

[ADDS 5011](#) - Foundations in Addiction Studies (2.0 cr)

[ADDS 5021](#) - Introduction to Evidence Based Practices and the Helping Relationship (3.0 cr)

[ADDS 5031](#) - Applied Psychopharmacology (2.0 cr)

Required Courses (16 credits)

Required courses. All courses except ADDS 5051 are prerequisites for the internship (ADDS 5996). Either ADDS 5071 or ADDS 5081 may be taken concurrently with the internship.

[ADDS 5041](#) - Methods and Models I: Motivational Counseling (2.0 cr)

[ADDS 5051](#) - Methods and Models II: Cognitive Behavioral Therapy (2.0 cr)

[ADDS 5061](#) - Foundations of Group Work (3.0 cr)

[ADDS 5071](#) - Foundations of Co-occurring Disorders (2.0 cr)

[ADDS 5081](#) - Multicultural Foundations of Behavioral Health (3.0 cr)

[ADDS 5091](#) - Assessment and Treatment Planning I (3.0 cr)

[ADDS 5121](#) - Professional Seminar 1: Internship Prep (1.0 cr)

Elective Courses (3 credits)

Electives not on this list must be preapproved.

Take 3 or more credit(s) from the following:

• [ADDS 5993](#) - Directed Study (1.0 - 3.0 cr)

• [IBH 6021](#) - Methods and Models III: Synthesis Seminar in Client Centered Care (2.0 cr)

• [IBH 6031](#) - Methods and Models IV: Trauma and Anxiety, Assessment and Treatment Intervention (2.0 cr)

• [IBH 6032](#) - Advanced Multicultural Practice (1.0 cr)

• [IBH 6081](#) - Human Lifespan Development and Behavioral Health (3.0 cr)

• [IBH 6111](#) - Research and Evaluation Methods (3.0 cr)

• [IBH 6222](#) - Adolescents and Co-occurring Substance Use and Mental Health Disorders (3.0 cr)

Required Internship (4 credits)

Students must take 4 credits/880 field hours of ADDS 5996.

[ADDS 5996](#) - Internship in Behavioral Health (1.0 cr)