Twin Cities Campus

Sport and Exercise Science M.Ed.

Kinesiology, School of

College of Education and Human Development

Link to a [list of faculty](#) for this program.

Contact Information:
Email: kin@umn.edu
Website: http://www.cehd.umn.edu/kin/

- Program Type: Master's
- Requirements for this program are current for Fall 2017
- Length of program in credits: 30
- This program does not require summer semesters for timely completion.
- Degree: Master of Education

Along with the program-specific requirements listed below, please read the [General Information](#) section of the catalog website for requirements that apply to all major fields.

The sport and exercise science MEd is a practitioner-oriented, graduate-level program designed to prepare students for advanced study or careers in the coaching of sport, sport or physical performance, or professions related to health and physical activity. Students may focus their studies on one of three career tracks: sport performance for students pursuing coaching careers; athletic training for students who have obtained their Athletic Training Certificate and who are pursuing careers in athletic training and/or teaching at the community college or college level; and health promotion for students pursuing careers as health coaches, personal trainers or employees of health related fields.

With guidance from faculty advisers, students choose at least 30 semester credits, which may include coursework, independent study, internships, workshops, and professional, site-based experiences. Students must maintain a minimum 3.0 GPA.

Accreditation
This program is accredited by N/A--this is not a licensure M.Ed.

Program Delivery
This program is available:
- via classroom (the majority of instruction is face-to-face)

Prerequisites for Admission
The preferred undergraduate GPA for admittance to the program is 2.50.

A bachelor's degree, preferably in kinesiology or physical education.

Special Application Requirements:
The college reviews applications on an ongoing basis. Application reviews for specific academic terms begin by the following dates:
November 1: spring semester admission
March 1: summer session admission
July 1: fall semester admission

Admission requirements for this program include the following criteria:

A bachelor's degree, preferably in physical education or kinesiology, with a 2.50 minimum grade point average (GPA) from an accredited institution. Applicants who do not hold a degree in physical education or kinesiology may need to take some undergraduate prerequisite courses after admission.

All applicants must submit the following items:
-Online application from Apply Yourself (http://www.cehd.umn.edu/kin/future/professional.html)
_Application fee ($75 for U.S. applicants; $95 for international applicants)
-Unofficial transcripts of all previous post-secondary academic study must be downloaded to the application (official transcripts will be required if accepted)
-Personal statement describing career goals and rationale for interest in the program
-Resume

International applicants must submit score(s) from one of the following tests:
- TOEFL
  - Internet Based - Total Score: 79
  - Internet Based - Writing Score: 21
  - Internet Based - Reading Score: 19
  - Paper Based - Total Score: 550
- IELTS
  - Total Score: 6.5
- MELAB
  - Final score: 80

The preferred English language test is Test of English as Foreign Language

Key to test abbreviations(TOEFL, IELTS, MELAB).

For an online application or for more information about graduate education admissions, see the General Information section of the catalog website.

Program Requirements

Plan C: Plan C requires 20 major credits and 10 credits outside the major.The final exam is written. A capstone project is required.
Capstone Project: See department for more details.

This program may be completed with a minor.

Use of 4xxx courses toward program requirements is permitted under certain conditions with adviser approval.

A minimum GPA of 3.0 is required for students to remain in good standing.

At least 1 semesters must be completed before filing a Degree Program Form.

Required Courses
  Students must consult with their advisor to determine their appropriate concentration and coursework. All concentrations require the following courses. Students register for 3 credits of KIN 5995 and must consult with their advisor before registering for the course.
  KIN 5181 - Understanding Kinesiology Research (3.0 cr)
  KIN 5995 - Research Problems in Applied Kinesiology (1.0 - 6.0 cr)

Elective Courses
  Students take a minimum of 24 credits of electives from the list below depending on their career track. Ten credits of electives may be taken from non-KIN courses (see recommended electives below). Students consult with their advisor before registering for electives. Up to 9 4xxx level credits are allowed to meet MEd requirements.
  KIN 4385 - Exercise Physiology (4.0 cr)
  or KIN 4641 - Training Theory & Analytics I for Exercise & Sport Performance (3.0 cr)
  or KIN 4741 - Training Theory & Analytics 2 for Sport Performance (3.0 cr)
  or KIN 5122 - Applied Exercise Physiology (3.0 cr)
  or KIN 5123 - Motivational Interventions in Physical Activity (3.0 cr)
  or KIN 5136 - Psychology of Coaching (3.0 cr)
  or KIN 5142 - Applied Nutrition for Sport Performance and Optimal Health (3.0 cr)
  or KIN 5202 - Current Issues in Health (2.0 cr)
  or KIN 5203 - Health Media, Consumerism, and Communication (2.0 cr)
  or KIN 5371 - Sport and Society (3.0 cr)
  or KIN 5375 *{Inactive}*(3.0 cr)
  or KIN 5441 - Applied Sport Science Research (3.0 cr)
  or KIN 5585 *{Inactive}*(2.0 cr)
  or KIN 5641 - Scientific Theory and Application of Training and Conditioning in Sport (3.0 cr)
  or KIN 5643 - Applied Motion Capture and Movement Analysis Technology (3.0 cr)
  or KIN 5696 - Practicum in Kinesiology (1.0 - 6.0 cr)
  or KIN 5720 - Special Topics in Kinesiology (2.0 - 4.0 cr)
  or KIN 5723 - Psychology of Sport Injury and Rehabilitation (3.0 cr)
  or KIN 5841 - Elite Performance and Environmental Considerations (3.0 cr)
  or KIN 5992 - Readings in Kinesiology (1.0 - 9.0 cr)