Crookston Campus

Coaching Minor

Business

Academic Affairs

- Program Type: Undergraduate free-standing minor
- Requirements for this program are current for Fall 2019
- Required credits in this minor: 21

The coaching minor develops future coaches by teaching current theories and practices in coaching and with practical experience through the coaching practicum. This helps to prepare students for coaching at the youth, elementary, high school, college, or even professional levels. The minor can be taken by students in any major and has a requirement of 21 credits.

Since 1997, Minnesota has not required a teaching or coaching license to coach high school athletics. The coaching minor helps train and develop future coaches in the areas of practice planning, skill development, and coaching strategies in their sport of interest. In addition, it gives those students interested in coaching more marketability for coaching positions.

Any student, regardless of major, can earn a coaching minor.

Program Delivery

This program is available:

- via classroom (the majority of instruction is face-to-face)

Minor Requirements

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BIOL 2103 - Human Anatomy and Physiology I (4.0 cr)
HLTH 1062 - First Aid and CPR (2.0 cr)
SRM 2000 - Prevention and Care of Athletic Injuries (3.0 cr)
SRM 2010 - Topics in Coaching (2.0 cr)
SRM 3020 - Coaching Practicum (1.0 cr)
SRM 3320 - Applied Sports Physiology (3.0 cr)
HSCI 3050 - Sport Nutrition (3.0 cr)
or SRM 3008 - Sport Ethics and Leadership (3.0 cr)
SRM 3100 - Psychology of Sport (3.0 cr)
or SRM 3200 - Socio-Cultural Dimensions in Sport (3.0 cr)

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