



Twin Cities Campus

Youth Studies B.S.

School of Social Work

College of Education and Human Development

- Program Type: Baccalaureate
- Requirements for this program are current for Fall 2022
- Required credits to graduate with this degree: 120
- Required credits within the major: 60 to 63
- Degree: Bachelor of Science

Youth Studies is a major that allows you to learn about youth as an idea across time, place and community; about young people as they experience their everyday lives; and about youthwork or the various approaches and practices involved in working with young people.

Youth Studies is an interdisciplinary program that explores the social construction of youth and our responses to them. In the Youth Studies program you will:

Learn a myriad of theories about young people including: cultural, political, sociological, phenomenological, biopsychological, and historical perspectives of youth

Identify and interrogate the ideas and ask increasingly complicated questions about young people and what is known about them

Reflect on your own experiences of being a young person and your own youthhood

Engage and learn about the everyday lives of youth

Leave prepared to imagine and engage in a range of youthwork practices and professional spaces

Graduate with a background in designing innovative youth interventions and evaluation and research methods to explore what these create for young people and the communities they live in

Youth Studies students engage community through regular site visits, program observations, community-engaged learning, international exchanges, and internships. Students are supported by culturally competent academic advising and one-on-one student-elder partnerships with faculty, staff, or community leaders. Qualified graduates may pursue graduate study in fields such as: youth development leadership, social work, education, public policy, or nonprofit/ business management.

Program requirements for the majors at the College of Education and Human Development (CEHD) fulfill a number of the University's required liberal education (LE) cores and themes. Youth Studies students have multiple options for fulfilling LE requirements and are designed explicitly to align with CEHD's mission by providing foundational skill development and preparation for advanced coursework in youth studies.

Program Delivery

This program is available:

- via classroom (the majority of instruction is face-to-face)

Admission Requirements

For information about University of Minnesota admission requirements, visit the [Office of Admissions website](#).

Required prerequisites

Preparatory Coursework

[YOST 1001](#) - Seeing Youth, Thinking Youth: Media, Popular Media, and Scholarship [CIV] (3.0 cr)

First Year Experience

All incoming CEHD Freshmen must complete the First-Year Inquiry course EDHD 1525.

Take 0 - 4 credit(s) from the following:

- [EDHD 1525W](#) - CEHD First Year Experience [WI] (4.0 cr)
- [EDHD 1525V](#) - CEHD First Year Experience [WI] (4.0 cr)

General Requirements

All students are required to complete general University and college requirements including writing and liberal education courses. For more information about University-wide requirements, see the [liberal education requirements](#). Required courses for the major or minor in which a student receives a D grade (with or without plus or minus) do not count toward the major or minor (including transfer courses).

Program Requirements

At least 19 upper-division credits in the major must be taken at the University of Minnesota Twin Cities campus.



Preparatory Courses

Sociology Requirement

- FSOS 1211 - An Interdisciplinary Look at the Family in Multicultural America [DSJ, SOCS] (4.0 cr)
- or SOC 1001 - Introduction to Sociology [SOCS, DSJ] (4.0 cr)
- or SOC 1011V - Honors: Introduction to Sociology [SOCS, DSJ, WI] (4.0 cr)

Statistics Requirement

- EPSY 3264 - Basic and Applied Statistics [MATH] (3.0 cr)
- or EPSY 1261 - Understanding Data Stories through Visualization & Computing [MATH] (3.0 cr)
- or STAT 1001 - Introduction to the Ideas of Statistics [MATH] (4.0 cr)

Social Science Requirement

- EPSY 1281 - Psychological Science Applied [SOCS] (4.0 cr)
- or CPSY 2xxx
- or POL 1xxx
- or FSOS 1xxx
- or GEOG 1301W - Our Globalizing World [SOCS, GP, WI] (3.0 cr)
- or PSY 1001 - Introduction to Psychology [SOCS] (4.0 cr)
- or PSY 1001H - Honors Introduction to Psychology [SOCS] (4.0 cr)
- or ANTH 1003W - Understanding Cultures [SOCS, GP, WI] (4.0 cr)
- or ANTH 1003V - Understanding Cultures: Honors [SOCS, GP, WI] (4.0 cr)

College Communication Courses

- FSOS 1461 - Presentations at Work: Families, Communities, Nonprofits, and Schools [CIV] (3.0 cr)
- or COMM 1101 - Introduction to Public Speaking [CIV] (3.0 cr)
- or COMM 1101H - Honors: Introduction to Public Speaking [CIV] (3.0 cr)
- or OLPD 1461 - Presentations in Work Settings: Business & Marketing Education and Human Resource Development [CIV] (3.0 cr)
- YOST 3325W - Project-Based Writing For Education and Human Development Majors [WI] (4.0 cr)
- or OLPD 3324W - Writing in the Workplace for Education and Human Development Majors [WI] (4.0 cr)
- or ENGL 3027W - The Essay [WI] (4.0 cr)
- or WRIT 3562W - Technical and Professional Writing [WI] (4.0 cr)
- or WRIT 3562V - Honors: Technical and Professional Writing [WI] (4.0 cr)

Foundation Courses

- YOST 2101 - Urban Youth and Youth Issues [DSJ] (4.0 cr)
- YOST 2241 - Experiential Learning (4.0 cr)
- YOST 3001 - Introduction to History & Philosophy of Youthwork [HIS, DSJ] (4.0 cr)
- YOST 3032 - Adolescent and Youth Development for Youthworkers (4.0 cr)
- YOST 3101 - Youthwork: Orientations and Approaches (4.0 cr)
- YOST 4325 - Improving Everyday Youthwork: Practical Program Evaluation (3.0 cr)
- or FSOS 2105 - Methods in Family Research (3.0 cr)
- or SOC 3801 - Sociological Research Methods (4.0 cr)

Professional Core

Take 9 credits from the following professional core:

- YOST 3011 - Young Voices: The Fight for Social Change in Croatia [GP] (3.0 cr)
- or YOST 3240 - Special Topics in Youth Studies (2.0 - 8.0 cr)
- or YOST 4201 - Facilitating Outdoor Experiences (3.0 cr)
- or YOST 4202 - Facilitating Outdoor Experiences - Winter (3.0 cr)
- or YOST 4301 - Communicating With Adolescents About Sexuality (3.0 cr)
- or YOST 4314 - Theater Activities in Youthwork and Education (2.0 cr)
- or YOST 4315 - Youthwork in Schools (4.0 cr)
- or YOST 4316 - Media and Youth: Learning, Teaching, and Doing (2.0 cr)
- or YOST 4317 - Youthwork in Contested Spaces (3.0 cr)
- or YOST 4319 - Understanding Youth Subcultures (3.0 cr)
- or YOST 4321 - Conversational and Relational Practices with Young People (3.0 cr)
- or YOST 4322 - Work with Youth: Families (2.0 cr)
- or YOST 4323 *(Inactive)* (2.0 cr)
- or YOST 4401W - Young People's Spirituality and Youthwork: An Introduction [WI] (4.0 cr)
- or YOST 4402 *(Inactive)* (4.0 cr)
- or SW 3601 - Solidarity & Community-led Transformation in South Africa [GP, CIV] (3.0 cr)

Advanced/Applied Skills

8 credits minimum, to be completed during final year of study.

- YOST 4196 - Youthwork Internship (4.0 cr)
- YOST 4411 - Youth Research and Youth Program Evaluation (4.0 cr)



Upper Division Writing Intensive within the Major

Students are required to take one upper division writing intensive course within the major. If that requirement has not been satisfied within the core major requirements, students must choose one course from the following list. Some of these courses may also fulfill other major requirements.

Take 0 - 1 course(s) from the following:

- [YOST 3325W](#) - Project-Based Writing For Education and Human Development Majors [WI] (4.0 cr)
- [YOST 4401W](#) - Young People's Spirituality and Youthwork: An Introduction [WI] (4.0 cr)
- [OLPD 3324W](#) - Writing in the Workplace for Education and Human Development Majors [WI] (4.0 cr)
- [ENGL 3027W](#) - The Essay [WI] (4.0 cr)
- [WRIT 3562W](#) - Technical and Professional Writing [WI] (4.0 cr)
- [WRIT 3562V](#) - Honors: Technical and Professional Writing [WI] (4.0 cr)