



Twin Cities Campus

Public Health Minor

Geography, Environment, Society, Sociology

College of Liberal Arts

- Program Type: Undergraduate free-standing minor
- Requirements for this program are current for Fall 2022
- Required credits in this minor: 14 to 16

Protecting the public's health requires addressing challenges that are influenced as much by individual and social behavior as they are by biology, chemistry, and physics. Biology, the environment, social and political systems, technology, and more intersect to describe the methods of protecting the health and well-being of the population. Liberal arts students, and students from other colleges who complement their major degree programs with a public health minor, will understand how to help society by improving health and preventing disease on a population level.

Program Delivery

This program is available:

- via classroom (the majority of instruction is face-to-face)

Minor Requirements

Transfer coursework from outside the University of Minnesota Twin Cities must be reviewed and approved by the Public Health Advisory Board.

Students may combine the minor in public health with any other major or minor.

Introduction to the Discipline

PUBH 3004 satisfies both Part I of this minor requirement and also the Applying Public Health Theory requirement.

Take exactly 2 course(s) totaling 4 - 6 credit(s) from the following:

Part I

Note: PUBH 3004 is a 4 credit course that combines PUBH 3001 and PUBH 3003.

- [PUBH 3001](#) - Personal and Community Health (2.0 cr)
- or [PUBH 3004](#) - Basic Concepts in Personal and Community Health (4.0 cr)
- or [PUBH 3202](#) - What is Public Health? (2.0 cr)

Part II

- [PUBH 3106](#) - Making Sense of Health Studies (2.0 cr)
- or [PUBH 3351](#) - Epidemiology: People, Places, and Disease (2.0 cr)

Understanding Health Issues From Varying Social Scientific Contexts

Take 6 or more credit(s) from the following:

- [ANTH 3306W](#) - Medical Anthropology [GP, WI] (3.0 cr)
- [ANTH 4075](#) - Cultural Histories of Healing [SOCS, GP] (3.0 cr)
- [CSCL 3351W](#) - The Body and the Politics of Representation [HIS, WI] (3.0 cr)
- [GEOG 3379](#) - Environment and Development in the Third World [SOCS, ENV] (3.0 cr)
- [GEOG 3381W](#) - Population in an Interacting World [SOCS, GP, WI] (3.0 cr)
- [GEOG 3411W](#) - Geography of Health and Health Care [WI] (3.0 cr)
- [GWSS 3203W](#) - Blood, Bodies and Science [TS, SOCS, WI] (3.0 cr)
- [GWSS 3215](#) - Bodies That Matter: Feminist Approaches to Disability Studies [DSJ] (3.0 cr)
- [GWSS 3218](#) - Politics of Reproduction (3.0 cr)
- [HIST 3417W](#) - Food in History [HIS, ENV, WI] (3.0 cr)
- [HIST 3418](#) - Drink in History [HIS] (3.0 cr)
- [JOUR 3757](#) - Principles of Health Communication Strategy (3.0 cr)
- [JOUR 5541](#) - Mass Communication and Public Health (3.0 cr)
- [JOUR 5542](#) - Theory-based Health Message Design (3.0 cr)
- [PHIL 3305](#) - Medical Ethics (4.0 cr)
- [POL 3317](#) - Food Politics: Actors, Arenas, and Agendas [SOCS] (3.0 cr)
- [PSY 3206](#) - Introduction to Health Psychology (3.0 cr)
- [PSY 3604](#) - Introduction to Abnormal Psychology (3.0 cr)
- [PSY 3666](#) - Human Sexuality (3.0 cr)
- [PSY 5205](#) - Applied Social Psychology (3.0 cr)
- [SOC 3241](#) - Sociology of Women's Health: Experiences from Around the World (3.0 cr)



- [SOC 3246](#) - Diseases, Disasters & Other Killers [HIS, ENV] (3.0 cr)
- [SOC 3501](#) - Sociology of Families [SOCS, DSJ] (3.0 cr)
- [SOC 4147](#) - Sociology of Mental Health & Illness (3.0 cr)
- [SOC 4246](#) - Sociology of Health and Illness (3.0 cr)
- [SOC 4305](#) - Environment & Society: An Enduring Conflict [ENV] (3.0 cr)
- [WRIT 3405W](#) - Humanistic Healthcare and Communication [AH, WI] (3.0 cr)
- [WRIT 4664W](#) - Science, Medical, and Health Writing [WI] (3.0 cr)
- [AAS 4231](#) - Color of Public Policy: African Americans, American Indians, Asian Americans & Chicanos in the U.S. (3.0 cr)
or [AFRO 4231](#) - Color of Public Policy: African Americans, American Indians, Asian Americans & Chicanos in the U.S. (3.0 cr)
or [AMIN 4231](#) - Color of Public Policy: African Americans, American Indians, Asian Americans, & Chicanos in the U.S. (3.0 cr)
or [CHIC 4231](#) - Color of Public Policy: African Americans, American Indians, Asian Americans & Chicanos in the U.S. (3.0 cr)
- [CNRC 3535](#) - Death and the Afterlife in the Ancient World [AH] (3.0 cr)
or [RELS 3535](#) - Death and the Afterlife in the Ancient World [AH] (3.0 cr)
- [CSCL 3350W](#) - Sexuality and Culture [DSJ, WI] (3.0 cr)
or [GLBT 3456W](#) - Sexuality and Culture [DSJ, WI] (3.0 cr)
- [GEOG 3401W](#) - Geography of Environmental Systems and Global Change [ENV, WI] (3.0 cr)
or [GEOG 5401W](#) - Geography of Environmental Systems and Global Change [ENV, WI] (3.0 cr)
- [GLOS 3613W](#) - Stuffed and Starved: The Politics of Eating [SOCS, GP, WI] (3.0 cr)
or [GLOS 3613V](#) - Honors: Stuffed and Starved: The Politics of Eating [SOCS, GP, WI] (3.0 cr)
or [SOC 3613W](#) - Stuffed and Starved: The Politics of Eating [SOCS, GP, WI] (3.0 cr)
or [SOC 3613V](#) - Honors: Stuffed and Starved: The Politics of Eating [SOCS, GP, WI] (3.0 cr)
- [GLOS 3681](#) - Gender and the Family in the Islamic World (3.0 cr)
or [GWSS 3681](#) - Gender and the Family in the Islamic World (3.0 cr)
or [RELS 3716](#) - Gender and the Family in the Islamic World (3.0 cr)
or [SOC 3681](#) - Gender and the Family in the Islamic World (3.0 cr)
- [SOC 3446](#) - Comparing Healthcare Systems [GP] (3.0 cr)
or [SOC 5446](#) - Comparing Healthcare Systems [GP] (3.0 cr)
- [SOC 3511](#) - World Population Problems [GP] (3.0 cr)
or [SOC 3511H](#) - Honors: World Population Problems [GP] (3.0 cr)
- [SOC 4551](#) - Sociology of Sexualities [SOCS, DSJ] (3.0 cr)
or [SOC 4551H](#) - Honors: Sociology of Sexualities [SOCS, DSJ] (3.0 cr)

Applying Public Health Theory

PUBH 3004 satisfies both this minor requirement and also the Introduction to the Discipline requirement.

Take 2 or more credit(s) from the following:

- [PUBH 3003](#) - Fundamentals of Alcohol and Drug Abuse (2.0 cr)
- [PUBH 3004](#) - Basic Concepts in Personal and Community Health (4.0 cr)
- [PUBH 3011](#) - Public Health Approaches to HIV/AIDS (2.0 cr)
- [PUBH 3102](#) - Issues in Environmental and Occupational Health (3.0 cr)
- [PUBH 3104](#) - Environmental Health Effects: Introduction to Toxicology (2.0 cr)
- [PUBH 3120](#) - Injury Prevention in the Workplace, Community, and Home (2.0 cr)
- [PUBH 3123](#) - Violence Prevention and Control: Theory, Research and Application (2.0 cr)
- [PUBH 3212](#) - Infectious Disease Outbreaks: Review of Public Health Investigation, Response, & Prevention Strategy (2.0 cr)
- [PUBH 3365](#) - Modeling and Mapping for Infectious Disease Epidemiology (2.0 cr)
- [PUBH 3415](#) - Introduction to Clinical Trials - Online (3.0 cr)
- [PUBH 3801](#) - Health Economics and Policy (3.0 cr)
- [PUBH 3954](#) - Personal, Social, and Environmental Influences on the Weight-Related Health of Pediatric Populations (2.0 cr)
- [PUBH 3955](#) - Using Policy to Address the Weight-Related Health of Child and Adolescent Populations (1.0 cr)

Global Impact

Both Global Impact courses carry a prerequisite chosen from the "Introduction to the Discipline" course list above.

Take 2 or more credit(s) from the following:

- [PUBH 3107](#) - Global Public Health and the Environment (2.0 cr)
or [PUBH 3601](#) - Global Public Health Issues (2.0 cr)