



### **Morris Campus**

## **Human Services B.A.**

*Division of Social Sciences - Adm*

### **Division of Social Sciences**

- Program Type: Baccalaureate
- Requirements for this program are current for Fall 2021
- Required credits to graduate with this degree: 120
- Required credits within the major: 54
- Degree: Bachelor of Arts

The human services major provides students with an understanding of the individual, the family, the community, institutions, and the systems that are set up to serve these individuals and groups. Students will learn how individuals are in constant interaction with their environments, communities, and institutions. They also will learn how socioeconomic and political environments influence individuals, families, and communities. Human service workers carry out many different roles, from case management and intervention to program administration and development. Students in human services build professional experience for their resumes through our applied service-learning classes and/or capstone internship.

#### **Student Learning Outcomes:**

Understanding of the history and structure of human services systems  
Knowledge of human development, family functioning, community dynamics, and political systems  
Basic skills in intervention with some or all of the following: individuals, families, groups, organizations  
Research and information literacy for effective delivery of services  
Knowledge of ethics, values, and policies guiding human services practice  
Information and technological literacy through exposure to statistical packages  
Ability to utilize databases related to human services  
Exposure to the domains that inform the field of human services

## **Program Delivery**

This program is available:

- via classroom (the majority of instruction is face-to-face)

## **Admission Requirements**

For information about University of Minnesota admission requirements, visit the [Office of Admissions website](#).

## **General Requirements**

All students are required to complete general University and college requirements. For more information, see the [general education requirements](#).

## **Program Requirements**

Students are required to take 2 semester(s) of any second language.

Students choose one of the HMSV sub-plans generally no later than the spring semester of their sophomore year. Students may complete more than one sub-plan, however, each elective may only be used to satisfy the requirements of one sub-plan. Students should choose an advisor with a background or specialties related to the human services area (e.g., anthropology, political science, psychology, sociology).

Students should discuss the arrangement of their internship with the HMSV internship coordinator during their junior year.

No grades below C- are allowed. Courses may not be taken S/N, unless offered S/N only.

A minimum GPA of 2.00 is required in the major to graduate. The GPA includes all, and only, University of Minnesota coursework. Grades of "F" are included in GPA calculation until they are replaced.

### **Required Courses**

Courses and directed studies not listed below may be considered for addition to the HMSV major, provided the subject matter is appropriate for the program of study. Contact HMSV coordinator.

Students should complete Psy 4102 during the semester before their internship (HMSV 4896).

Students may complete more than one sub-plan. However, one 4 credit internship may only be used to satisfy the Human Services Internship requirement of one sub-plan.

#### Introduction to Anthropology or Sociology

[ANTH 1111W](#) - Introductory Cultural Anthropology [SS] (4.0 cr)  
or [SOC 1101](#) - Introductory Sociology [SS] (4.0 cr)

#### Introduction to Psychology

[PSY 1051](#) - Introduction to Psychology [SS] (4.0 cr)

#### Political Science

[POL 1201](#) - American Government and Politics [E/CR] (4.0 cr)

#### Theory and Practice of Human Services

[HMSV 3001](#) - Theory and Practice of Human Services [SS] (4.0 cr)

#### Research Methods

[PSY 2001](#) - Research Methods in Psychology [SS] (4.0 cr)  
or [SOC 3103](#) *{Inactive}* (4.0 cr)

#### Statistics

[STAT 1601](#) - Introduction to Statistics [M/SR] (4.0 cr)  
or [STAT 2601](#) - Statistical Methods [M/SR] (4.0 cr)

#### Professional Ethics

[PSY 4102](#) - Intro to Prof Conduct, Legal Constraints, Ethics in Human Services [E/CR] (2.0 cr)

#### Human Services Internship

[HMSV 4896](#) - Internship in the Human Services (1.0 - 4.0 cr)

## Program Sub-plans

Students are required to complete one of the following sub-plans.

#### General

The general human services sub-plan provides students with an understanding of the individual, the family, the community, institutions, and the systems that are set up to serve these individuals and groups. Students will learn how individuals are in constant interaction with their environments, communities, and institutions. They also will learn how socioeconomic and political environments influence individuals, families, and communities. Human service workers carry out many different roles, from case management and intervention to program administration and development. Students in human services build professional experience for their resumes through our applied service-learning classes and/or capstone internship.

At least 16 elective credits need to be at the 3xxx or 4xxx level.

#### Psychology Electives

Take 8 or more credit(s) from the following:

- [PSY 3405](#) - Family Interaction Dynamics [SS] (4.0 cr)
- [PSY 2581](#) - Drugs and Human Behavior [SS] (2.0 cr)
- [PSY 3051](#) - The Psychology of Women and Gender [HDIV] (4.0 cr)
- [PSY 3101](#) - Learning Theory and Behavior Modification (4.0 cr)
- [PSY 3261](#) - Human Sexuality (4.0 cr)
- [PSY 3313](#) - Psychopathology (4.0 cr)
- [PSY 3314](#) - Child and Adolescent Psychopathology (4.0 cr)
- [PSY 3501](#) - Social Psychology (4.0 cr)
- [PSY 3504](#) - Educational Psychology (4.0 cr)
- [PSY 3542](#) - Multicultural Psychology [HDIV] (4.0 cr)
- [PSY 3581](#) - Psychopharmacology (2.0 cr)
- [PSY 4101](#) - Helping Relationships (4.0 cr)

#### Sociology and Anthropology Electives

Take 8 or more credit(s) from the following:

- [ANTH 2202](#) *{Inactive}* [SS] (4.0 cr)
- [ANTH 3502](#) - Latinos in the Midwest [SS] (4.0 cr)
- [SOC 3121](#) - Sociology of Gender and Sexuality [HDIV] (4.0 cr)
- [SOC 3122](#) - Sociology of Childhoods [HDIV] (4.0 cr)

- SOC 3123 *{Inactive}*[HDIV] (4.0 cr)
- SOC 3141 - Sociology of Deviance [E/CR] (4.0 cr)

#### Additional Electives

Additional elective credits to total at least 24 elective credits. Electives may be selected from any elective category above and the following (exclusive of the course used to fulfill the Research Methods requirement):

Take 0 - 8 credit(s) from the following:

- BIOL 2102 - Human Anatomy (4.0 cr)
- ECON 1111 *{Inactive}*[SS] (4.0 cr)
- ECON 1112 *{Inactive}*[SS] (4.0 cr)
- MGMT 3701 - Organizational Behavior [SS] (4.0 cr)
- POL 2261 - States: Laboratories of American Democracy [E/CR] (2.0 cr)
- POL 3475 - International Human Rights (4.0 cr)
- PSY 2001 - Research Methods in Psychology [SS] (4.0 cr)
- PSY 2411 - Lifespan Developmental Psychology [SS] (4.0 cr)
- PSY 3701 - Organizational Behavior [SS] (4.0 cr)
- SOC 3103 *{Inactive}*(4.0 cr)
- SOC 3131 *{Inactive}*[ENVT] (4.0 cr)
- SSA 2102 - Human Anatomy (4.0 cr)

#### Criminal Justice

The criminal justice human services sub plan provides students with knowledge of the criminal justice system, theories of criminal behavior, law, administration, and policy. Students will also learn about the reciprocal relationship between sociocultural contexts and the criminal justice system. This knowledge will prepare students interested in pursuing careers related to the criminal justice system. Students in human services build professional experience for their resumes through our applied service-learning classes and/or capstone internship.

At least 16 elective credits need to be at the 3xxx or 4xxx level.

#### Required Courses

- POL 2202 - Criminal Justice and Policing [SS] (4.0 cr)
- or HMSV 2202 - Criminal Justice and Policing [SS] (4.0 cr)

#### Required Electives

Take 12 or more credit(s) from the following:

- ANTH 3701 *{Inactive}*[SCI-L] (4.0 cr)
- CMR 2062 - Interpersonal and Group Communication [HUM] (4.0 cr)
- POL 3231 - Constitutional Law: Civil Liberties and Civil Rights [HDIV] (4.0 cr)
- POL 3232 - Constitutional Law: Governmental Powers and Constraints [SS] (4.0 cr)
- PSY 3501 - Social Psychology (4.0 cr)
- SOC 3141 - Sociology of Deviance [E/CR] (4.0 cr)

#### Additional Electives

Additional elective credits to total at least 20 elective credits. Electives may be selected from the elective category above and the following (exclusive of the course used to fulfill the Research Methods requirement):

Take 0 - 8 credit(s) from the following:

- ANTH 1201 *{Inactive}*[SCI-L] (5.0 cr)
- MGMT 2101 - Principles of Accounting I (4.0 cr)
- MGMT 2102 - Principles of Accounting II (2.0 cr)
- PHIL 3131 - Philosophy of Law [SS] (4.0 cr)
- POL 2234 - Race, Class and Power: Social Movements in U.S. Politics [HDIV] (2.0 cr)
- POL 2235 - Race, Class and Power: Interest Groups in U.S. Politics [HDIV] (2.0 cr)
- POL 3411 - International Law [IP] (4.0 cr)
- POL 3475 - International Human Rights (4.0 cr)
- PSY 2001 - Research Methods in Psychology [SS] (4.0 cr)
- PSY 2581 - Drugs and Human Behavior [SS] (2.0 cr)
- PSY 3112 - Cognition (4.0 cr)
- PSY 3302 - Personality (4.0 cr)
- PSY 3313 - Psychopathology (4.0 cr)
- PSY 3314 - Child and Adolescent Psychopathology (4.0 cr)
- PSY 3501 - Social Psychology (4.0 cr)
- PSY 3542 - Multicultural Psychology [HDIV] (4.0 cr)
- PSY 3581 - Psychopharmacology (2.0 cr)
- PSY 4101 - Helping Relationships (4.0 cr)
- SOC 3103 *{Inactive}*(4.0 cr)
- SOC 3112 - Sociology of the Environment and Social Development [ENVT] (4.0 cr)

#### Human Development

The human development human services sub plan provides students with an understanding of psychological, social, and biological

development and facilitates understanding of sociocultural contexts that influence development. The focus is on normative development, individual variations of development and abnormal development. This knowledge will prepare students interested in providing services to children and older adults. Students in human services build professional experience for their resumes through our applied service-learning classes and/or capstone internship.

At least 16 elective credits need to be at the 3xxx or 4xxx level.

### Required Electives

Take 16 or more credit(s) from the following:

- [HIST 3214](#) - History of Childhood [HIST] (4.0 cr)
- [HIST 3465](#) - History of the American Family [HIST] (4.0 cr)
- [PSY 2411](#) - Lifespan Developmental Psychology [SS] (4.0 cr)
- [PSY 3504](#) - Educational Psychology (4.0 cr)
- [PSY 4101](#) - Helping Relationships (4.0 cr)
- [SOC 3122](#) - Sociology of Childhoods [HDIV] (4.0 cr)
- [SOC 3123](#) [\(Inactive\)](#)[HDIV] (4.0 cr)

### Additional Electives

Additional elective credits to total at least 24 elective credits. Electives may be selected from the elective category above and the following (exclusive of the course used to fulfill the Research Methods requirement):

Take 0 - 8 credit(s) from the following:

- [ANTH 1201](#) [\(Inactive\)](#)[SCI-L] (5.0 cr)
- [ANTH 2204](#) - Anthropology of Education: Learning and Schooling in Ethnographic Perspective [SS] (4.0 cr)
- [ANTH 2206](#) - Sex, Marriage, and Family [HDIV] (4.0 cr)
- [ANTH 3604](#) - Gender and Sexuality in Latin America [IP] (4.0 cr)
- [BIOL 1111](#) - Fundamentals of Genetics, Evolution, and Development [SCI] (3.0 cr)
- [BIOL 2102](#) - Human Anatomy (4.0 cr)
- [ED 2111](#) - Tutor-Aide Experience (1.0 cr)
- [ED 2121](#) - Introduction to Education [SS] (4.0 cr)
- [POL 2234](#) - Race, Class and Power: Social Movements in U.S. Politics [HDIV] (2.0 cr)
- [POL 2235](#) - Race, Class and Power: Interest Groups in U.S. Politics [HDIV] (2.0 cr)
- [PSY 2001](#) - Research Methods in Psychology [SS] (4.0 cr)
- [PSY 3405](#) - Family Interaction Dynamics [SS] (4.0 cr)
- [PSY 3051](#) - The Psychology of Women and Gender [HDIV] (4.0 cr)
- [PSY 3101](#) - Learning Theory and Behavior Modification (4.0 cr)
- [PSY 3112](#) - Cognition (4.0 cr)
- [PSY 3261](#) - Human Sexuality (4.0 cr)
- [PSY 3401](#) - Child Development (4.0 cr)
- [PSY 3402](#) - Adolescent and Emerging Adult Development (4.0 cr)
- [PSY 3403](#) - Adult Development and Aging [E/CR] (4.0 cr)
- [PSY 3542](#) - Multicultural Psychology [HDIV] (4.0 cr)
- [SOC 3103](#) [\(Inactive\)](#)(4.0 cr)
- [SOC 3112](#) - Sociology of the Environment and Social Development [ENVT] (4.0 cr)
- [SOC 3121](#) - Sociology of Gender and Sexuality [HDIV] (4.0 cr)
- [SOC 3123](#) [\(Inactive\)](#)[HDIV] (4.0 cr)
- [SOC 3131](#) [\(Inactive\)](#)[ENVT] (4.0 cr)
- [SOC 3141](#) - Sociology of Deviance [E/CR] (4.0 cr)
- [SSA 2102](#) - Human Anatomy (4.0 cr)

### Social Justice

The social justice human services sub plan provides students with an understanding of how to create societies or institutions based on the principles of equality and solidarity, the value of human rights, and the importance of recognizing that every human being deserves dignity. Social justice is the view that everyone deserves equal economic, political, and social rights and opportunities. This major will prepare students for jobs related to community activism, human rights advocacy or non-profit administration. Students in human services build professional experience for their resumes through our applied service-learning classes and/or capstone internship.

At least 16 elective credits need to be at the 3xxx or 4xxx level.

### Required Electives

Take 16 or more credit(s) from the following:

- [ANTH 3502](#) - Latinos in the Midwest [SS] (4.0 cr)
- [GWSS 2404](#) - Feminist, Queer, and Intersectional Theories [HDIV] (2.0 cr)
- [HIST 2312](#) - History of South Africa to 1976 [HIST] (4.0 cr)
- [NAIS 1101](#) - Introduction to Native American and Indigenous Studies [HDIV] (4.0 cr)
- [PHIL 3121](#) - Political Philosophy [SS] (4.0 cr)
- [PSY 3501](#) - Social Psychology (4.0 cr)
- [PSY 3542](#) - Multicultural Psychology [HDIV] (4.0 cr)



- SOC 3121** - Sociology of Gender and Sexuality [HDIV] (4.0 cr)

#### Additional Electives

Additional elective credits to total at least 24 elective credits. Electives may be selected from the elective category above and the following (exclusive of the course used to fulfill the Research Methods requirement):

Take 0 - 8 credit(s) from the following:

- ANTH 1201** *{Inactive}*[SCI-L] (5.0 cr)
- ANTH 2202** *{Inactive}*[SS] (4.0 cr)
- ANTH 3604** - Gender and Sexuality in Latin America [IP] (4.0 cr)
- ARTH 3281** - Women and Art [FA] (4.0 cr)
- CMR 3411** - Intercultural Communication Theory and Research [HDIV] (4.0 cr)
- ECON 1111** *{Inactive}*[SS] (4.0 cr)
- ECON 1112** *{Inactive}*[SS] (4.0 cr)
- ED 2221** *{Inactive}*[HDIV] (4.0 cr)
- ED 2231** *{Inactive}*[HDIV] (2.0 cr)
- ENGL 2031** - Gender in Literature and Culture [HDIV] (4.0 cr)
- ENGL 2041** - Introduction to African American Literature [HDIV] (4.0 cr)
- ENGL 3063** *{Inactive}*[HDIV] (4.0 cr)
- ENGL 3301** - U.S. Multicultural Literature [HDIV] (4.0 cr)
- ENGL 3311** - American Indian Literature [HDIV] (4.0 cr)
- ENGL 3312** - World Indigenous Literature and Film [HDIV] (4.0 cr)
- ENGL 3332** - African American Women Writers [HDIV] (4.0 cr)
- ENGL 3522** - Harlem Renaissance [HDIV] (4.0 cr)
- GWSS 2101** - American Masculinities: The Making of Guys, Dudes, Bros, and Men [SS] (2.0 cr)
- GWSS 2102** - Masculinities in the Margins: Intersectional and Marginalized Masculinities [SS] (2.0 cr)
- HIST 1402** - Gender, Women, and Sexuality in American History [HDIV] (4.0 cr)
- HIST 2251** - American Indians and the United States: A History [HDIV] (4.0 cr)
- HIST 2252** - Comparative Indigenous History: Beyond Native America [HIST] (4.0 cr)
- HIST 2313** - History of South Africa since 1910 [IP] (4.0 cr)
- HIST 2708W** - Gender, Women, and Sexuality in Modern Europe [IP] (4.0 cr)
- HIST 3021** - Gender and Sexuality in African History [E/CR] (4.0 cr)
- HIST 3204** - Nazi Germany [HIST] (4.0 cr)
- HIST 3304** - Race, Class, and Gender in American History [HDIV] (4.0 cr)
- HIST 3356** - Civil Rights Era, 1954-1974 [E/CR] (4.0 cr)
- HIST 3359** - Native Strategies for Survival, 1880-1920 [HDIV] (4.0 cr)
- HIST 3402** - Representations from the Field: American Indian Ethnography and Ethnohistory [HDIV] (4.0 cr)
- HIST 3403** - American Indian Education: History and Representation [E/CR] (4.0 cr)
- HIST 3455** - American Immigration [HDIV] (4.0 cr)
- HIST 3612** - Social Revolution in 20th-Century Latin America [HIST] (4.0 cr)
- HIST 3614** - Race and Ethnicity in Latin America [HDIV] (4.0 cr)
- MUS 3115** - Gender and Sexuality in Music [FA] (2.0 cr)
- NAIS 2252** - Comparative Indigenous History: Beyond Native America [HIST] (4.0 cr)
- PHIL 1103** - Introductory Ethics [E/CR] (4.0 cr)
- PHIL 2113** - International and Biomedical Ethics [E/CR] (4.0 cr)
- PHIL 2141** *{Inactive}*[HUM] (4.0 cr)
- POL 2234** - Race, Class and Power: Social Movements in U.S. Politics [HDIV] (2.0 cr)
- POL 2235** - Race, Class and Power: Interest Groups in U.S. Politics [HDIV] (2.0 cr)
- POL 3303** - Gender, Sexuality, and Political Theory [SS] (2.0 cr)
- POL 3475** - International Human Rights (4.0 cr)
- PSY 2001** - Research Methods in Psychology [SS] (4.0 cr)
- PSY 3405** - Family Interaction Dynamics [SS] (4.0 cr)
- PSY 3051** - The Psychology of Women and Gender [HDIV] (4.0 cr)
- PSY 3313** - Psychopathology (4.0 cr)
- PSY 3314** - Child and Adolescent Psychopathology (4.0 cr)
- PSY 4101** - Helping Relationships (4.0 cr)
- SOC 3103** *{Inactive}*(4.0 cr)
- SOC 3112** - Sociology of the Environment and Social Development [ENVT] (4.0 cr)
- SOC 3122** - Sociology of Childhoods [HDIV] (4.0 cr)
- SOC 3123** *{Inactive}*[HDIV] (4.0 cr)
- SOC 3141** - Sociology of Deviance [E/CR] (4.0 cr)
- SOC 3252** *{Inactive}*[IP] (4.0 cr)