Twin Cities Campus

Addictions Counseling M.P.S.

CCAPS Addiction Studies

College of Continuing and Professional Studies

Link to a list of faculty for this program.

Contact Information:
College of Continuing and Professional Studies Information Center, 20 Ruttan Hall, 1994 Buford Ave, St Paul, MN 55108, (612-624-4000)
Email: ccapsinfo@umn.edu
Website: https://ccaps.umn.edu/addictions-counseling-masters-degree

- Program Type: Master's
- Requirements for this program are current for Fall 2020
- Length of program in credits: 30
- This program does not require summer semesters for timely completion.
- Degree: Master of Professional Studies

Along with the program-specific requirements listed below, please read the General Information section of the catalog website for requirements that apply to all major fields.

The Addictions Counseling MPS offers rigorous, evidence-informed, applied clinical preparation for individuals new to the helping profession, as well as those with allied licenses (MSW, LP, LPC, LMFT) seeking an additional credential. The curriculum reflects specific licensure preparation content for the State of Minnesotas Licensed Alcohol and Drug Counselor (MNLADC) license, and includes evidence-based practices and evaluation; individual and group counseling skills; professional ethics; diversity and cultural sensitivity training; co-occurring assessment and treatment interventions; and an applied field placement experience. For additional information regarding MNLADC requirements, please refer to the State of Minnesotas LADC website.

Students can choose to complete the MPS on a full- or part-time basis. Full-time students can complete the degree in five semesters (two academic years and one summer session). Part-time students have up to five years to complete the degree.

Program Delivery

This program is available:

- via classroom (the majority of instruction is face-to-face)

Prerequisites for Admission

The preferred undergraduate GPA for admittance to the program is 3.00.

Other requirements to be completed before admission:
Bachelor's degree from an accredited institution - Transcripts - Personal statement - Two letters of reference - Updated resume or CV

Special Application Requirements:
International applicants should contact the Universitys International Student and Scholar Service Office (www.isss.umn.edu) for information on visa status and academic requirements.

International applicants must submit score(s) from one of the following tests:

- TOEFL
  - Internet Based - Total Score: 84
  - Internet Based - Writing Score: 21
  - Internet Based - Reading Score: 19
  - Paper Based - Total Score: 563
- IELTS
  - Total Score: 6.5
  - Reading Score: 6.5
  - Writing Score: 6.5
- MELAB
  - Final score: 84

Key to test abbreviations(TOEFL, IELTS, MELAB).

For an online application or for more information about graduate education admissions, see the General Information section of the

© 2005 by the Regents of the University of Minnesota
The University of Minnesota is an equal opportunity educator and employer.
Information current as of March 28, 2024

catalog website.

Program Requirements

Plan C: Plan C requires 30 major credits and 0 credits outside the major.The is no final exam.A capstone project is required.
Capstone Project: The ADDS 5996 Internship Seminar serves as a capstone experience where students apply the knowledge and skills learned in their previous courses in a real world clinical setting. The 880-hour internship seminar includes close clinical supervision from both a site and faculty supervisors, participation in formal on-campus clinical supervision meetings, and active engagement in weekly required postings and practice assignments. The capstone experience concludes with an extensive formal written and oral evaluation process to ensure ethical and competent clinical practice.

This program may be completed with a minor.

Use of 4xxx courses toward program requirements is permitted under certain conditions with adviser approval.

A minimum GPA of 2.8 is required for students to remain in good standing.

Application of coursework from other institutions is allowed on an exception basis. Refer to the Addictions Counseling MPS website at https://ccaps.umn.edu/addictions-counseling-masters-degree for additional information and assistance.

Courses applied to the MPS degree must be graded B- or higher. All courses offered A/F or S/N must be taken A/F.

Full-time students complete coursework requirements on a specified schedule to support degree completion in five semesters. Refer to the Addictions Counseling MPS website and confer with the advisor for more information.

Foundation Courses (9 credits)
Take the following courses, in consultation with the advisor, the first year of study:
ADDS 5011 - Foundations in Addiction Studies (2.0 cr)
ADDS 5021 - Introduction to Evidence Based Practices and the Helping Relationship (3.0 cr)
ADDS 5031 - Applied Psychopharmacology (2.0 cr)
ADDS 5071 - Foundations of Co-occurring Disorders (2.0 cr)

Required Courses (14 credits)
Take the following courses in consultation with the advisor. ADDS 5041, 5061, 5091, and 5121 must be taken prior to the internship (ADDS 5996). ADDS 5081 may be taken concurrently with the internship.
ADDS 5041 - Methods and Models I: Motivational Counseling (2.0 cr)
ADDS 5051 - Methods and Models II: Cognitive Behavioral Therapy (2.0 cr)
ADDS 5061 - Foundations of Group Work (3.0 cr)
ADDS 5081 - Multicultural Foundations of Behavioral Health (3.0 cr)
ADDS 5091 - Assessment and Treatment Planning I (3.0 cr)
ADDS 5121 - Professional Seminar 1: Internship Prep (1.0 cr)

Elective Courses (3 credits)
Select 3 credits from the following in consultation with the advisor. Other courses may be applied to this requirement with advisor approval.
HSEX 6001 - Foundations of Human Sexuality (3.0 cr)
HSEX 6211 - Dimensions of Sexual Functioning (3.0 cr)
HSEX 6013 - Perspectives and Practices in Sexual Health Education (3.0 cr)
IBH 6021 - Methods and Models III: Synthesis Seminar in Client Centered Care (2.0 cr)
IBH 6071 - Advanced Professional Issues: Ethics (3.0 cr)
IBH 6081 - Human Lifespan Development and Behavioral Health (3.0 cr)
IBH 6091 - Intersection of Career and Mental Health (2.0 cr)
IBH 6101 - Family Dynamics and Therapy (3.0 cr)
IBH 6111 - Research and Evaluation Methods (3.0 cr)
IBH 6221 - Applications of Counseling Theories (3.0 cr)
IBH 6222 - Adolescents and Co-occurring Substance Use and Mental Health Disorders (3.0 cr)
IBH 6233 - DBT Skills Training: Group Practices and Treatment Modalities (2.0 cr)
IBH 6234 - Counseling Grief and Loss (2.0 cr)

Internship (4 credits)
Take the following internship. The internship includes 880 hours of field experience.

ADDS 5996 - Internship in Behavioral Health (1.0 cr)

© 2005 by the Regents of the University of Minnesota
The University of Minnesota is an equal opportunity educator and employer.
Information current as of March 28, 2024