



Twin Cities Campus

Nutrition Minor

Food Science & Nutrition

College of Food, Agricultural and Natural Resource Sciences

- Program Type: Undergraduate minor related to major
- Requirements for this program are current for Fall 2020
- Required credits in this minor: 26 to 29

The nutrition minor gives students a basic understanding of human nutritional needs through three required core courses. Based on the elective courses chosen, students then have the ability to focus in a specific area, such as metabolism or foods.

Program Delivery

This program is available:

- via classroom (the majority of instruction is face-to-face)

Admission Requirements

For information about University of Minnesota admission requirements, visit the [Office of Admissions website](#).

Required prerequisites

Prerequisite Coursework

[CHEM 1061](#) - Chemical Principles I [PHYS] (3.0 cr)

[CHEM 1065](#) - Chemical Principles I Laboratory [PHYS] (1.0 cr)

[CHEM 1062](#) - Chemical Principles II [PHYS] (3.0 cr)

[CHEM 1066](#) - Chemical Principles II Laboratory [PHYS] (1.0 cr)

Biochemistry prerequisites for minor courses

[BIOC 3021](#) - Biochemistry (3.0 cr)

or [PHSL 3051](#) - Human Physiology (4.0 cr)

or [ANSC 3301](#) - Human and Animal Physiology (3.0 cr)

or [BIOL 3211](#) - Physiology of Humans and Other Animals (3.0 cr)

Minor Requirements

Some of the courses listed in the minor have prerequisites that do not count toward the 14 to 16 credits.

Minor Courses

[FSCN 1112](#) - Principles of Nutrition [TS] (3.0 cr)

[FSCN 3612](#) - Life Cycle Nutrition (3.0 cr)

[FSCN 4612W](#) - Advanced Human Nutrition [WI] (4.0 cr)

Take 2 or more course(s) from the following:

- [FSCN 3614](#) - Nutrition Education and Counseling (3.0 cr)
- [FSCN 3615](#) - Sociocultural Aspects of Food, Nutrition, and Health [GP] (3.0 cr)
- [FSCN 4613](#) - Experimental Nutrition (2.0 cr)
- [FSCN 4614W](#) - Community Nutrition [SOCS, DSJ, WI] (3.0 cr)
- [FSCN 4621](#) - Nutrition and Metabolism (4.0 cr)
- [FSCN 1102](#) - Food: Safety, Risks, and Technology [CIV] (3.0 cr)
- [FSCN 3102](#) - Introduction to Food Science (3.0 cr)
- [FSCN 5601](#) - Management of Eating Disorders (3.0 cr)