



Duluth Campus

Health Education Minor

D Applied Human Sciences

College of Education and Human Service Professions

- Program Type: Undergraduate minor related to major
- Requirements for this program are current for Spring 2013
- Required credits in this minor: 27 to 28

Students with other majors who have a strong interest in health education and promotion may choose to complete the minor in health education with focus on health promotion. The coursework covers health content and health education/promotion program planning that would be applicable to various employment settings.

Program Delivery

This program is available:

- via classroom (the majority of instruction is face-to-face)

Admission Requirements

A GPA above 2.0 is preferred for the following:

- 2.50 already admitted to the degree-granting college
- 2.50 transferring from another University of Minnesota college
- 2.50 transferring from outside the University

Students already enrolled as majors in CEHSP will be given priority for admission to the health education - health promotion minor. Enrollment for the minor will be determined twice a year - October 1 for spring semester and March 1 for fall semester. Contact the HPER department for more details.

For information about University of Minnesota admission requirements, visit the [Office of Admissions website](#).

Minor Requirements

Lower Division (10 cr)

- HLTH 1100 - Health and Wellness Strategies for Life [LE CAT8, SUSTAIN] (3.0 cr)
- HLTH 1470 - Human Nutrition [LE CAT, NAT SCI] (3.0 cr)
- PSY 2021 - Developmental Psychology [LE CAT, LECD C, SOC SCI, CDIVERSITY] (3.0 cr)

Upper Division (17-18 cr)

Apply for admission to the upper division after completing the lower division courses, earning 60 credits, and having 2.50 GPA.

- HLTH 3301 - Foundations of Public Health (3.0 cr)
- HLTH 3303 - Planning Community Health Interventions (3.0 cr)
- HLTH 3307 - Conducting and Managing Worksite Health Promotion Programs (3.0 cr)
- HLTH 3400 - Facilitating Healthy Lifestyle Change (3.0 cr)

Approved Electives

Other 3xxx courses with permission from program coordinator.

Take 5 - 6 credit(s) from the following:

- EXSC 3210 - Exercise Adherence (3.0 cr)
- ESAT 3432 *{Inactive}* (3.0 cr)
- HLTH 3101 *{Inactive}* (3.0 cr)
- HLTH 3115 - Consumer Health Education (3.0 cr)
- HLTH 3116 - Principles of Epidemiology and Human Disease (3.0 cr)
- HLTH 3117 - Principles of Sex Education (3.0 cr)
- HLTH 3118 - Women's Health Issues (3.0 cr)
- HLTH 3500 - Environmental Health (3.0 cr)
- AHS 3100 - Risk Management (2.0 cr)